

Simply Autumn



"Cafe-Free"
on your
wireless
device

Lunch Menu

Salads

- Julienne Salad* 9.25
Romaine mix, tomatoes, ham, turkey, hard-boiled egg, black olives, cheese and croutons.
- Southwestern Chicken Salad* Full 9.25 Half 6.50
Mixed greens, corn, black beans, tomatoes, crispy chicken, shredded cheese, served with home-made Mexican-Ranch dressing.
- Chicken Caesar Salad* 8.50 w/out chicken 6.50
Grilled chicken, Romaine mix, croutons and cheese.
- Taco Salad* 9.25
Choice of seasoned ground beef or chicken, tomatoes, Romaine lettuce, black olives, Mexican cheese blend, salsa and sour cream.
- California Cobb* 9.25
Romaine mix, chopped egg, chicken, bacon, tomatoes, black olives, cheese and croutons.
- Oriental Salad* Full 9.25 Half 6.50
Romaine mix, Mandarin oranges, crispy chicken, almonds, lo-mein noodles served with Asian dressing.
- Trail Mix* Full 9.25 Half 6.50
Romaine mix, raisins, sunflower seeds, cashews, sliced apples, crumbly blue cheese and poppyseed dressing.
- Fandango (seasonal)* 8.95
Romaine mix, walnuts, crumbly blue cheese, Mandarin oranges, strawberries, poppy seed dressing.
- House Salad* 7.25
Romaine mix, tomatoes, cucumbers and croutons.

Sandwiches & Wraps

Served with choice of french fries, cottage cheese, apple sauce or coleslaw.
Substitute a side for 1.00 extra for either a side salad or cup of soup.

- Monte Cristo* 8.25
Ham, turkey and Swiss cheese served on grilled French Toast with a side of dipping Syrup.
- Sadie Sin* 7.95
Roast beef served on marbled rye with sliced onion, tomato and sour cream.
- Curry Chicken Wrap* 7.95
Diced chicken, apples, celery and onions tossed in a low-fat Curry Yogurt dressing served on Whole-Wheat Wrap.
- Turkey Reuben* 7.50
Turkey piled high on rye topped with saurkraut, Swiss cheese and Thousand Island dressing.
- Chicken Craisin Wrap* 8.25
Romaine, chicken, raisins, cheddar cheese w/cashews and Ranch dressing.

<i>Hamburger</i>	8.25
Half-pound, 80% ground beef topped with Romaine lettuce, tomato. Add Cheese for .30, choice of Swiss, Provolone or American.	
<i>Grilled Chicken</i>	7.50
Choice of Swiss, Provolone or American with Romaine lettuce and tomato.	
<i>Chicken Salad Sandwich</i>	7.50
Finely diced chicken breast with your choice of bread or wrap.	
<i>Grilled Ham & Cheese</i>	7.25
Swiss, Provolone or American on your choice of bread.	
<i>BLT</i>	7.95
On your choice of Sourdough, Rye, homemade White or Whole-Wheat.	
<i>Turkey or Ham Sandwich</i>	6.95
Lettuce and tomato on your choice of bread or wrap.	
<i>Albacore Tuna Salad Sandwich</i>	6.95
Finely diced tuna with your choice of bread or wrap.	
<i>Grilled Cheese</i>	5.25
Swiss, Provolone or American on your choice of bread.	
<i>Egg Salad Sandwich</i>	5.25
Choice of bread or wrap.	

Bread: Sourdough, Rye, homemade White or Whole-Wheat.
Wraps: Wheat, White or Spinach.

Beverages



<i>Coffee</i>	1.70
<i>Hot Tea</i>	1.45
<i>Hot Chocolate</i>	1.85
<i>Juice - Orange, Apple, V8</i>	1.65
<i>Milk</i>	1.45
<i>Chocolate Milk</i>	1.85
<i>Soda Pop</i>	1.75
<i>Iced Tea</i>	1.45

Sides

<i>French Fries</i>	2.95
<i>Apple Sauce</i>	2.05
<i>Cottage Cheese</i>	2.15
<i>Cole Slaw</i>	2.05
<i>Cup of Soup</i>	3.55
<i>Bowl of Soup</i>	4.65
<i>Side Salad</i>	3.55

Kids Menu 12 and under

<i>Chicken Fingers(2) w/apple sauce</i>	4.75
<i>Mac & Cheese w/apple sauce</i>	3.95
<i>Toasted Cheese w/apple sauce</i>	3.95
<i>PB&J w/apple sauce</i>	3.95

Choice of bread: White, Whole-Wheat, Rye, Sourdough